

Wellbeing and Nurture Groups

'The girls have absolutely loved and engaged with the nurture music sessions, they are asking and counting down the days until the next session'

'She has grown in confidence and is happy to perform to the rest of the school, and that I would not have believed, so the power of music!' (Lisa Nicholls, Child and Family Support – Moorlands School)

Wellbeing projects and Nurture Groups

Would you like to help your pupils with some of the following:



Social interaction - Co-operation - Settling into school - Staying in school - Language development – Communication - Emotional resilience - Confidence - Musical and social skills - Independent learning - Sense of community

Music is an ideal tool for this, and we can provide appropriate creative sessions for your pupils.

"It made me calm" – MK School pupil December 2022

"I really felt it helped a lot – my mind thinks about so many random things and the sessions helped fix that" – MK School Pupil December 2022

Nurture Groups

Price £29.50 per 30 minutes

Suitable for all age groups from Reception up to Year 6* (minimum of 1 hour provision must be purchased. This can include any other music provision in 'Totally Music')

*(*Children should be grouped by need and mixing of Key Stages is not recommended)*

Length of course – at least a term (these can be ongoing if required), Group size – up to 5

Nurture/Sensory Groups for SEND children in mainstream schools

Price £29.50 per 30 minutes

Musical activities will be tailored to the needs of the children, working on their strengths and building confidence, self-esteem and sense of belonging. (minimum of 1 hour provision must be purchased. This can include any other music provision in 'Totally Music')

The musical elements of pitch, beat and rhythm will be enhanced by a variety of activities promoting creativity, control and choice, sharing and taking turns.

(Children should be in the same year group where possible but mixed ages can be catered for with extra staff support).

Ipad wellbeing projects

Price £29.50 per 30 minutes

Suitable for older children (year 4, 5, 6) Song writing on Ipads, Using Ipad apps (minimum of 1 hour provision must be purchased. This can include any other music provision in 'Totally Music')

Length of course – at least 1 term (these can be ongoing if required), Group size – up to 7

"It was a different form of learning for the children – a different style (so important for our children who often don't get wider experience)" – TA from MK School December 2022

Creative nurture sessions to help with wellbeing of pupils

