

Wellbeing and Nurture Groups

'The girls have absolutely loved and engaged with the nurture music sessions, they are asking and counting down the days until the next session'

'She has grown in confidence and is happy to perform to the rest of the school, and that I would not have believed, so the power of music!' (Lisa Nicholls, Child and Family Support – Moorlands School)

Wellbeing projects and Nurture Groups

Would you like to help your pupils with some of the following:



- Social interaction
- Co-operation
- Settling into school
- Staying in school
- Language development
- Communication
- Emotional resilience
- Confidence
- Musical and social skills
- Independent learning
- Sense of community

Music is an ideal tool for this and we can provide appropriate creative sessions for your pupils.

"It made me calm" – MK School pupil December 2022

MU3A Nurture Groups

Suitable for all age groups from reception up to Year 6
Length of course – at least a term (these can be ongoing if required)
Group size – up to 5

Price £27 per 30 minutes
(minimum of 2 must be purchased)

"I really felt it helped a lot – my mind thinks about so many random things and the sessions helped fix that" – MK School Pupil December 2022

MU3C Ipad wellbeing projects

Suitable for older children (year 4, 5, 6)
Song writing on Ipads
Using Ipad apps
Length of course – at least 1 term.
These can be ongoing if required.
Group size – up to 7

Price £27 per 30 minutes
(minimum of 2 must be purchased)

"It was a different form of learning for the children – a different style (so important for our children who often don't get wider experience)" – TA from MK School December 2022

**Creative nurture sessions to help
with wellbeing of pupils**

